



January 15th, 2021



## District Laker News Reminders

### Updated Quarantine Guidelines

Students and Families,

The Shell Lake School District has an update to the quarantine guidance released by the CDC and DHS. We will be continuing the 14 day quarantine for all students who have been exposed to a positive case unless all of the following requirements released by the Washburn County Health Department are attainable:

1. The quarantined person does not experience any symptoms of Covid-19.
2. The quarantined person agrees to immediately self-isolate and contact the local public health authority and/or a healthcare provider if symptoms develop.
3. The quarantined person adheres strictly to all recommended Covid-19 prevention measures (consistent mask use, social distancing, and avoiding crowds) for 14 days.
4. The quarantined person should not participate in any activities such as classroom instruction, athletics, bussing, before school or afterschool programs, and other extracurricular activities where proper physical distancing (6ft) cannot be maintained for 14 days.

If you feel your student is able to follow ALL of these requirements, please contact the school nurse to be considered for the 10 day quarantine option.

Contact the school nurse with any questions or concerns: (715) 468-7816 ext 1324 or [thompsonb@shelllake.k12.wi.us](mailto:thompsonb@shelllake.k12.wi.us)

[Shell Lake's COVID Resource Webpage](#)



### Vision and Hearing Screening PK-2nd, 4th and 6th Grade

Parents/Guardians,

Vision and hearing screening will be done during the month of January for all Pre K, K, 2nd, 4th, and 6th graders. You will only hear from the school nurse if a referral is made.

### NorthLakes Community Clinic Dental Service Offered

The Shell Lake School District is offering dental services through NorthLakes Community Clinic. A dental professional will come to our school to provide dental services at **NO CHARGE** to you.

This program includes:

- Oral health education and dental supplies
- Oral health assessment by a licensed dental professional
- Fluoride varnish applications (2-3 per year)
- Dental sealants and sealant replacement where needed

If you would like to have your child participate in this program,

look for the permission form sent home

with your student and return that to the school,

OR use the link below to sign up online.

<https://sealasmile.wisconsin.gov/Consent/Home/About>



# Shell Lake Food Service

Please check the webpage for the most updated menu information by clicking here: [Lunch Menu](#)  
 Families can apply for Free and Reduced Lunch via [Skyward](#). OR fill out this form completely [FREE AND REDUCED APPLICATION](#) and return to the District Office.

Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd
Ravioli w/Sauce Green Peas Sidekicks Parmesan cheese	BBQ Pork Sandwich Green Beans Fresh Apples Choc Chip Cookie	Taco-In-A-Bag Corn Seasoned Pinto Beans Banana	Chicken Nuggets Sidewinders Fries Mandarin Oranges WG Dinner Roll	Cinna Glazed French Toast w/sausage patty Hashbrown Applesauce
<i>Milk offered daily 1% or Chocolate Skim</i>				



## Before School Program Parent Notice:

Beginning on Monday January 1st, School Breakfast is NO longer going to be offered at the before school program. If you would like to receive breakfast for your children, please sign up for our weekly meal pick up. Sign up for winter meal pick up using the link:

## REMINDER

Click below to sign up:

## [Winter Meals for Kids](#)

You can select breakfast for any student and meals for hybrid or virtual students using this form.

You **MUST** submit this form (regardless of previous submissions) if you want to receive meals on Tuesday's at the Primary school between 3:30pm-4:30pm

# PK-6th Laker School News

1/15/2021



## Pk-6th Student of the Week is:

### Abbi Draves

Abbi is a super second grader!  
 She is serious about her job as a student, and she always works hard to do the best job possible. Abbi is helpful, kind, and respectful every single day. She is a delight to have in class.

# 7th-12th Laker School News

1/15/2021

## High School Student of the Week



**Eli Fritz** is the son of Mark and Heather Fritz. Mr. Russell says, “Eli is a steady, calm, and pensive guy that does what needs to be done and from whom you hardly ever hear a complaint - except if the fish aren't biting!” Eli is an active member of Shell Lake’s FFA. He is a quiet worker in class and takes pride in his work. One staff member commented, “Eli is a joy to have in class. He is kind, respectful and always willing to help me or his classmates.” Way to show the Laker spirit, Eli!

## Middle School Student of the Week



**Chance Kidder** 8th grader Chance Kidder. Chance is the son of Jared and Em Kidder. “Chance is a hard working student with a wonderful quick wit.” said his science teacher. Mrs. Keven said this about him, “Chance is a very responsible and kind student, getting work done and asking questions to make sure he understands new concepts.” His other teachers agree, he is a hard worker, polite to his peers and his teachers. Mrs. Granzin highlighted how dependable Chance is and that he participates in gym class without complaint. Way to show the Laker spirit, Chance!

## 7th-12th Counselor Corner

**2020 YOUTH WELLNESS SCREEN**

- ANXIETY 29%**  
Report frequent worrying
- STIGMA 27%**  
Of students say they often conceal their feelings
- SUPPORT 23%**  
Students were at risk and had the opportunity to engage in voluntary mental healthy supports.

*Ask a friend about Healthy Minds!*

Mental Health Task Force Winnebago County

## Laker Athletics

For more athletic guidelines check out the links below:

[Lakeland Conference COVID Protocol](#)

[WIAA-Winter-Sport-Guidelines](#)

### Upcoming Home Events

<b>January 19th Basketball Double Header</b>	Performance Gym	Girls JV @ 5:45pm	Boys JV @ 7:15pm
	Varsity Gym	Boys Varsity @ 5:45pm	Girls Varsity @ 7:15pm
<b>January 21st Wrestling Quad</b>		Varsity Gym	6:00pm

### Shell Lake Athletic Calendar

Click on the link above to view athletic events, due to COVID all events subject to change.

**Live stream on Facebook:**  
**@WEAREShellLake**