



DISTRICT NEWS
 SCHOOL DISTRICT OF SHELL LAKE
 271 HWY 63 SHELL LAKE WI 54871
www.shelllake.k12.wi.us

September 2, 2022

District News

Picture Day
Tuesday September 6th

Lifetouch.

Welcome Shell Lake School!

[Click here to order pictures](#)



School Name: Shell Lake School
Picture Day Date: Tuesday, September 6
Picture Day ID: EVTP3HP6W

Healthy School Protocol

School District of Shell Lake 2022-2023 Guidelines for a Healthy School Infection Control Student and Staff Protocol These guidelines are adopted from the DPI Covid-19 Infection Control and Mitigation Measures for Wisconsin Schools 2022/2023.

[CLICK on the link above to learn more about healthy school protocol](#)

Shell Lake School Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	Ground Beef Green Peas Rotini Pasta Mini WW Garlic Toast	Popcorn Chicken Salad Bar Mashed Potatoes Jooce® Frozen Cup	Orange Chicken Bowl Stir Fry Vegetables Pineapple Tidbits Fried Rice	Homemade Lasagna w/ Breadstick Steamed Green Beans Assorted Fresh Fruit

Lunch prices for the 2022-2023 School Year

Elementary: \$2.85 **Middle School:** \$2.95 **High School:** \$3.05

Parents are encouraged to complete the Free/Reduced Meal application annually via [Skyward](#)

PK-6th News

Parenting Corner

Heather Cox, Shell Lake Elementary Principal

How to Help with First Day Jitters

We all get nervous about new experiences and we know our kids are no different. As adults, I'm sure we can all remember how it felt on the first day of a new job or moving into a new neighborhood. Even after 21 years in education, I still get little butterflies in my stomach for the first day of school every year.

Children may have the same butterflies in their tummies but they aren't sure how to deal with that. They might not even be able to identify the emotion as being nervous or anxious. They may just tell you they have a tummy ache. On the other hand, some children may have more significant anxiety and really need some strategies to manage those feelings.

One thing the experts say is that we can't always make those anxious feelings go away; but we can find ways to deal with anxiety so it doesn't impede our ability to do our work and live our lives. Here are a few things we can say to our kids when they get a case of the nerves:

Parents can validate their child's feelings but at the same time encourage them to face their fears. We can make sure they know we understand how they feel but we believe in them and know they can do this! Our first inclination may be to allow our kids to avoid something that makes them feel nervous but in the long run, it's better for them to try that new activity even if it feels uncomfortable. The more that kids face their fears, the less and less those fears overpower them.

Another way to minimize fears and anxiety is to talk through exactly what your children are envisioning. What are they afraid is going to happen? Then you can talk them through how they could handle that situation that they are afraid of. If they have a plan to address the fear, it becomes more manageable for them. And of course, if the anxiety becomes really overwhelming, you might want to talk to a therapist for more solutions.

Hope you all had a happy first week of school and worked through those first day jitters!

Mrs. Cox

PK-6 Handbook

Parents and guardians, please read and discuss this handbook with your child. We encourage you to be involved with your child's education. We look forward to another exciting year of learning and growing.



7th-12th News

PSAT Sophomores & Juniors

PSAT/NMSQT TEST Primary test day:
Wednesday, October 12, 2022

If you are interested in taking the PSAT you must contact the counseling office to register for the PSAT before **September 14th--this is a strict deadline!**

MS/HS Schedule

7th-12th grade students will start at 8:10 AM, please be sure to be in your 1st hour class by 8:10!

2022 - 2023 Bell Schedule

Shell Lake HS Schedule		
1	8:10	9:14
Fast Break	9:14	9:21
2	9:25	10:29
3	10:33	11:37
4	11:41	12:45
Lunch	12:45	1:15
5	1:19	2:23
6	2:27	3:25

Shell Lake MS Schedule		
1	8:10	8:52
Resource	8:56	9:21
2	9:25	10:29
3	10:33	11:37
Lunch	11:37	12:07
4	12:11	1:15
5	1:19	2:23
6	2:27	3:25

7th-12th Student Handbook

Laker Athletic News

Athletic Team Fall Schedule

Follow Laker athletes by clicking on the link above.
Tonight's Football Game will be on School Of Shell Lake's Facebook Page
\$25 Season Pass (10 home events)
are available for purchase
in the District Office.



Board of Education

VISION: A thriving student body contributing to their school, their community, and their future.

MISSION: Inspire and support each student to thrive and contribute to society through educational challenges, community engagement, and high expectations.

President: Bethany Deneen **Vice President:** Joel Anderson **Treasurer:** Nicole Tims **Clerk:** Linda Nielsen
Board Members: Jacob Anderson, Angie Bodzislaw and Scott Smith

Meeting Notices:

Meeting Agendas can be found here: [BoardDocs](#)

Finance Committee - 7:30 am Tuesday, September 6, 2022

Strategic Planning Committee - 2:00 pm Tuesday, September 6, 2022

Policy Committee - 3:00 p.m. Tuesday, September 6, 2022

The above meetings will be held in the District Conference Room at 271 Hwy 63S, Shell Lake, WI 54871.
 Public comments should be directed to Todd Felhofer, District Superintendent felhofert@shelllake.k12.wi.us

Monthly School Board meetings are held the 3rd Monday of each month at 6:00 PM

School Board Committee meetings are held on the 1st Tuesday of each month:

Finance Committee 7:30 a.m. Strategic Planning Committee 2:00 p.m. Policy Committee 3:00 p.m.

[Board Recordings](#)

[Board Minutes](#)

District Employment Opportunities

2022- 2023 School Year	Part Time Paraprofessional SPED		Afterschool Instructors (2)
	School Psychologist		Speech/Language Pathologist
	Substitute Teachers	Substitute Kitchen	Substitute Classroom/SPED Aide
	Substitute Custodial/Maintenance		Substitute Secretary
	Softball Varsity and JV Coach Spring 2023		Volleyball C-Squad Coach

Interested individuals certified applicants can apply on [WECAN](#)

Contact the District Office if you need assistance applying

[Apply for Support Staff Positions Here](#)

Community News

Shell Lake PTA

Hello Lakers!

We are so excited for the 2022-23 school year. We have a lot of goals to help support the school and community. To accomplish all our goals, we need you.

What is the PTA? The parent teacher association helps bridge the gap between the school and community. When our school and community are cohesive and well supported the ones who benefit the most are our children.

The PTA helps sponsor the Prairie Fire Children's Theater. We also host sandwich, soup and BINGO which goes toward Wolf Ridge. The carnival is a family fun event supported by the community. Throughout the year we gift students with books, as well. This is just a snippet of what we do.

If you are curious to know more you can email me at erica.hubin@gmail.com, follow us on Facebook, join our email list, or join us for a meeting! Meetings are the first Wednesday of the month at 6 pm. Our first meeting is September 7 at Lakeview.

Here is to a successful and safe school year.
Erica Hubin, PTA President

https://www.shelllake.k12.wi.us/community/dis_organ_pta.cfm

