



## District News

### They're Back!!

Our [Shell Lake Education Foundation \(SLEF\)](#) is selling the favorite Bread Braid pastries again! Order your favorite flavors beginning October 10 and submit with payment on or before October 30. Delivery is scheduled for Tuesday, November 14 just in time for Deer Season and the holidays.

[Order forms](#) will be distributed to all K-6 students the week of October 9. You may also pick up an order form at the SL HS Office, Shell Lake State Bank, LakePlace Realty, or the Appassionato Lesson Studio (when lessons are offered). Check out our Facebook page, too!



The SLEF Board thanks YOU for your commitment to our school and students.



### Food Pantry

You can order through Tuesday at 8pm. Orders will either be sent home or need to be picked up Friday. Please reach out with any questions [thompsonb@shelllake.k12.wi.us](mailto:thompsonb@shelllake.k12.wi.us). Order Form: [FOOD PANTRY ORDER FORM](#)

### Lions Club Vision Screening 4K-6

The Lion's Club will be coming into our school to test vision on grades 4k-6. If you do not want your student to participate, please contact Nurse Thompson. If your student's vision screen resulted in a referral, information will be sent home with your student.

## Shell Lake School Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Bites Waffle Roasted Broccoli Frozen Strawberry Cup	Scramble Eggs French Toast Steamed Sweet Corn Slice Pears	Build a Burger Crinkle Cut Fries WW Bun Froot Jooce Cup	Corn Dog 4K-5th PBJ Pack 6th-12th Baked Beans Jonny Pops	NO SCHOOL
<b><a href="#">Pay for lunch by clicking on RevTrak under SCHOOL PAYMENTS on the Students &amp; Families!</a></b>				
<b>FREE Breakfast Menu 4K-12th</b>				
Mini Pancakes Cheerios	Strawberry Peach Parfait Cereal	Sausage/Cheese Biscuit Frosted Mini Wheats	Ultra Bread Slice Blueberries & Banana Parfait	No School

Items such as milk (\$.40) and other a la carte items will still be charged to the student's account, **only** if the student has a positive balance.

# Primary & Elementary News

## Shell Lake Wellness Committee

Each month the staff of the Shell Lake Elementary School are planning different important wellness topics to discuss. For the month of October, we are focusing on sleep. Sleep is important because it helps your students in so many ways. It gives their bodies a chance to rest and reset. It's also the only time our brains have a chance to make new connections in order to learn and grow! Furthermore, sleep allows our bodies to stay healthy by fighting off infections and maintaining a healthy weight. Lastly, a healthy sleep habit will help your child and family be more emotionally and socially balanced.

For the week of **October 16th - 22nd**, we want your students to keep a sleep diary. Forms will be sent home and you will find 10 healthy sleep habits for children and a sleep diary that allows students to keep track of how much they sleep at night and what they do before bed. This may help explain why some students may struggle with emotions or feel tired during the day.

Parents, please help students complete this sleep diary and hand in the agreement slip that states they completed the diary on **Monday, October 23rd**. Each student that hands in the agreement has a chance at a prize. If we collect 500 slips as a school, we all get to celebrate with a "Stuffie, Blanket and a Book Day." Feel free to celebrate at home or work on that day too.

We hope this can be a fun way for students to learn about wellness and the importance it has on our brain and body.



## Farm to School News

What's Growing? The Shell Lake Kindergarten classes had a fun Farm to School lesson about what is growing in the School Garden! They learned all the different ways veggies grow, then headed out to the garden for a scavenger hunt to see if their plants grew on a vine, bush, stalk or underground!

Lafave's Class as a Stalk



Miller's Class as a Bush



Mazurek's Class as a Vine



Students will be participating in the GREAT APPLE CRUNCH October 12th @ 9:30!

~Lori Adrihan AmeriCorps Farm to School Member

## Volunteers

We would like to welcome the community in our building! Please communicate with the office if you are interested in volunteering at school. There is a [volunteer code of conduct](#) and a [background check](#) that you will complete prior to volunteering.

- If you indicate that you are interested, we will let teachers know and they will reach out to you with a specific job/duty and location to work.
- We ask that volunteers sign in/out at the office and get a badge.



# Middle & High School News

## October Newsletter

Click on the link above to view the 7-12 October Newsletter.

## Student Council News

The Student Council will be hosting the Annual Trick or Treat for canned goods on Halloween. More details will be coming soon.

They will also be hosting the Holiday Saturday Christmas Extravaganza this year! Crafters and Vendors can register for a space here: <https://shellakewi.revtrak.net/r1#/f/holiday-saturday-12-2-23-vendor-sign-up>

## Athletic News



### 4K-8TH CLUB SPORTS

Youth Club Team  
Registration Has Changed



or visit the  
website!

[www.shelllake.k12.wi.us](http://www.shelllake.k12.wi.us)  
STUDENTS & FAMILIES  
Registration Links -  
Club Sport Teams

#### GENERAL REMINDERS

- Club sports teams are intended to provide fundamental skill development in a safe and fun atmosphere. We want kids to love the game!
- CLC After School Program can be used to transition from school to team practice or from practice to the late bus! Students must register for CLC before using the program.

#### YOUTH Team Timeline

- 3-6th Gr Girls Travel Basketball, Oct-Jan some Feb
- 7-8th Gr Girls Travel Basketball, Oct-Dec
- 3-6th Gr Boys Travel Basketball, Dec-Feb
- 7-8th Gr Boys Travel Basketball, Jan-Feb

Physicals do not apply. Club team athletic fees and camps are independent of the district's athletic fees and F&R waivers. Participation cost and fee accommodations are up to the discretion of the club hosting the team. Club teams are typically led by volunteer coaches under the guidance of the High School Head Coach of that sport. If you have questions or need assistance with registration, please contact: Keri Jensen - Shell Lake Community Ed Director at 715-468-7816, ext 1333 or email [jensenk@shelllake.k12.wi.us](mailto:jensenk@shelllake.k12.wi.us)

## “Block Out” Breast Cancer Oct 10th

October is Breast Cancer Awareness month, and Shell Lake Volleyball will be hosting our First Annual "Block Out Breast Cancer" at our JV/Varsity match against Clayton & C-team vs Bayfield on October 10, 2023.



**SHELL LAKE VOLLEYBALL**  
BLOCK OUT CANCER FUNDRAISER

## [Click for Upcoming Sport Events](#)

# Board of Education

**VISION:** A thriving student body contributing to their school, their community, and their future.

**MISSION:** Inspire and support each student to thrive and contribute to society through educational challenges, community engagement, and high expectations.

**President:** Bethany Deneen **Vice President:** Joel Anderson **Treasurer:** Nicole Tims **Clerk:** Linda Nielsen  
**Board Members:** Jacob Anderson, Angie Bodzislav and Scott Smith

## Meeting Notices:

Meeting Agendas can be found here: [BoardDocs](#)

Agendas are posted at the Shell Lake State Bank and Shell Lake Post Office

School Board Committee meetings are held on the 1st Tuesday of each month:

Finance Committee 7:30 a.m.      Strategic Planning Committee 2:00 p.m.      Policy Committee 3:00 p.m.

[Board Recordings](#)

[Board Minutes](#)

# District Employment Opportunities

<b>23-24 Openings</b>	Coaching Opportunities	<a href="#">Substitute Teachers</a>
	<ul style="list-style-type: none"><li>• <b>Middle School Boys Basketball Coach</b></li><li>• <b>High Girls C-Squad Basketball Coach</b></li></ul> <a href="#">School Nutrition Support Staff Part Time</a> <a href="#">Special Education Paraprofessional Full Time</a>	

Contact the District Office if you need assistance applying

Interested individuals certified applicants can apply on

[\*\*WECAN\*\*](#)

## Substitute Teacher Training

NOVEMBER 29 & 30, 2023 | 8:00 AM - 3:30 PM | CESA #11

Both days are required

FACE-TO-FACE

**COST: \$250.00\***

\*Payment is due at the time of registration to secure your spot.

\*There is a \$25 non-refundable fee for any cancellations.

[REGISTER HERE](#)

[PAY HERE](#)

Anyone who holds an associates degree or higher from an accredited college or university has the opportunity to attend a two part training to earn a three year WI Substitute Teacher License. This training will take place at the CESA #11 office in Turtle Lake (A small amount of homework will need to be completed and turned into the instructor before receiving your certificate of completion for the training).

[CLICK HERE FOR MORE INFORMATION](#)

# Community Events

## Shell Lake Community Ed

### **Yoga for Wellness: Mondays, 8-wks beginning October 2 - 4:30-5:30 PM**

Lorrie Blockhus is the owner of Om Sweet Om yoga. All Yoga classes with Lorrie, regardless of level or style, hold a nice balance of healthy physical alignment and personal expression within the shapes and transitions. This keeps your practice safe, and efforts efficient, while still letting you explore your own limits. Your focus may remain on the physical indefinitely, or you may find your body/postures becoming a gateway that guides you deeper into your inner self. COST: \$80/session; \$12/drop in. Registrants can participate in person or online or fluctuate week to week! Min/Max: 5/12



Monday afternoons, Oct 2 - Nov 20 4:30-5:30 P

**Pickleball: Tuesday & Thursday, ongoing beginning October 3. No registration required!** Pickleball will be held in the Elementary Gym from 6:00-9:00 PM. There is no charge to participate. Open to all levels. Two courts. No pickleball 10/12/23 due to Parent/Teacher Conferences.

## Shell Lake Library Events

**Bald Eagle Release** Sunday October 8th at 1pm @ Spooner Elementary. The Winged Freedom Raptor Hospital will be releasing Luna, a mature male bald eagle. Sponsored by Shell Lake Public Library

**The Art of Sausage Making** Tuesday, October 10 at 4pm. Join Louis Muench, President of Louie's Finer Meats for an introduction to making your own sausage. Join us for a demonstration and a taste testing!

**Author Talk -Jim Bishop** Monday, October 16 at 4pm. Monday October 16th at 4pm. author Jim Bishop will be stopping by to talk about his first novel -Orton.

**Teen Advisory Board** Saturday, October 21 at 11am. Shell Lake Public Library invites Shell Lake Teens to apply now for the Teen Advisory Board - TAB. As TAB members teens will have opportunities to offer technical expertise, suggest materials for the library, advise staff, plan and facilitate events, learn advocacy skills and be a steward of their public library. More information and applications are available at the library and at the school or by visiting online [shelllakelibrary.org](http://shelllakelibrary.org). This program kick-off is co-sponsored by AODA of Washburn County

## Friends of the Shell Library

### Annual Meeting

Wednesday October 11, 2023 @ 6:00 PM

Location: City Hall Council Chambers



## Community Flu Clinic

2023  
**COMMUNITY  
WALK-IN FLU  
CLINIC**

**Monday Oct 16th**

11:00 AM-5:00 PM

**Friday Oct 20th**

7:00 AM-1:00 PM

**No Appointment Needed!**

### FOLLOW THE SIGNS AT THE SHELL LAKE CLINIC ENTRANCE

ALL PATIENTS MUST BE 6 MONTHS OF AGE AND OLDER AND MUST PRESENT THEIR INSURANCE CARD. ALL INSURANCES ARE ACCEPTED AND WILL BE BILLED FOR YOU. CASH OPTION AVAILABLE!

Shell Lake Clinic  
113 4th Ave  
Shell Lake, WI 54870

(715) 468-2711  
Flu Clinic Contact  
Stacy K.

# Hunt Hill

## Hunt Hill Audubon Sanctuary's

715-635-6543

[www.hunthill.org](http://www.hunthill.org)



### Walk Ins Welcome,

but Registration Encouraged

to Guarantee your Free Glow in the Dark Goodies

DJ Dance Party \* Colorful Luminary Trail

Food \* Glow Items for Every Participant

Bonus Glow Items for Sale at Event

## Lakeland Family Resource Center

RELATIVES AS PARENTS

VAPING

THURSDAY | OCTOBER 12 | 9AM-10:30AM

BIRCHWOOD CAFE, BIRCHWOOD

COPING WITH  
TEENAGER EMOTIONS

THURSDAY | OCTOBER 12 | 6PM -7PM

LAKELAND FAMILY RESOURCE CENTER



Lakeland is excited to join the Spooner Area Chamber again for the 2023 Jack-O-Lantern Festival on October 14th 12pm-4pm downtown Spooner! Lakeland will be hosting many children's activities under the giant white tent including pumpkin painting, a sensory table, cotton candy for purchase and more.