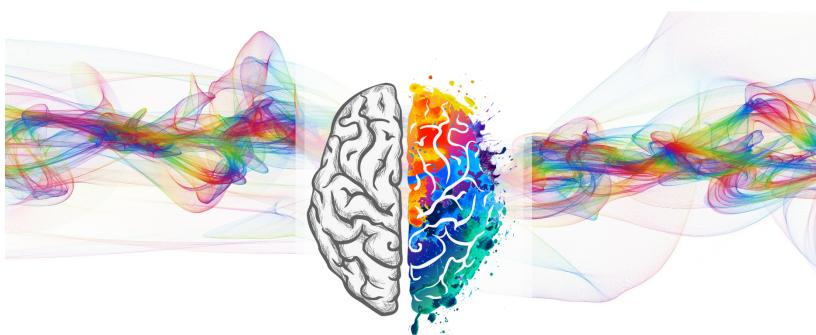
BREAKBASTFORYOUR



2nd Tuesday of Every Month 9:30 – 10:30 am Spooner Senior Center

402 Oak St. Spooner, WI

ACTIVATE YOURBRAIN

This FREE drop-in program is intended for active adults who wish to take part in a brain wellness program. Make the choice to work toward improving your memory, increase memory capacity, work with greater focus, improve your mood and a healthier lifestyle. This course uses humor, visuals, puzzles, creative art and much more to keep your brain active!

For more information: 715-635-4460 or email: trisha.witham@co.barron.wi.us

